WHAT YOU CAN DO TO PROTECT YOURSELF AND OTHERS:

- Clean and disinfect frequently touched surfaces.
- Wash your hands often.
- Meet virtually if possible.
- Cover coughs and sneezes.
- Wear a face covering.
- Maintain physical distance of at least 6 feet, which is about two arms length.
PLEASE PUT ON A FACE COVERING
IDENTIFY THE HAZARDS

Know how the virus is spread:

- Person-to-person transmission occurs when an infected person’s respiratory droplets travel through the air.
- Surface contact can occur when a person touches their mouth, nose, or eye after they have touched something or someone that has the virus.

ASSESS THE HAZARDS

Review your job tasks and think about possible sources of exposure to COVID-19. Will you be in close contact with others? Will you be in contact with high-touch surfaces such as:

- Door knobs and handles
- Phones
- Light switches
- Keyboard and mouse
- Handrails
- Steering wheel
- Seat belts
- Time clocks
- Elevator buttons

CONTROL THE HAZARDS

1. If you feel sick, stay home.
2. Avoid close contact: stay at least 6 feet away from others.
3. Please wear a face covering.
4. Wash hands often (or use hand sanitizer).
5. Cover coughs and sneezes.
6. Disinfect often, especially with shared items and touch points.
HOW TO WASH YOUR HANDS

Wash hands frequently or use hand sanitizer. Duration of the following procedure is 40–60 seconds:

0. Wet hands with water;

1. Apply enough soap to cover all hand surfaces;

2. Rub hands palm to palm;

3. Right palm over left dorsum with interlaced fingers and vice versa;

4. Palm to palm with fingers interlaced;

5. Backs of fingers to opposing palms with fingers interlocked;

6. Rotational rubbing of left thumb clasped in right palm and vice versa;

7. Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;

8. Rinse hands with water;

9. Dry hands thoroughly with a single use towel;

10. Use towel to turn off faucet;

11. Your hands are now safe.
DO NOT ENTER
DO NOT ENTER
UNC Greensboro

SHIELD OUR SPARTANS

ENTER ONLY
ENTER ONLY
UNC Greensboro
SHIELD OUR SPARTANS

EXIT ONLY
EXIT
ONLY
EMERGENCY
EXIT ONLY
EMERGENCY
EXIT ONLY
MAINTAIN SOCIAL DISTANCE

Maximum Occupancy Limited to 1 Person
MAINTAIN SOCIAL DISTANCE

6 ft.

Maximum Occupancy
Limited to _____ People
MONITORING FOR COVID-19 SYMPTOMS

It is very important that we all work together to ensure each other’s safety. Every day, before coming to a campus site for work or class, you should screen yourself for symptoms and check your temperature. If you experience any of the symptoms listed below, or do not feel well for some other reason, you should not report to campus for work or to go to class. Instead, employees should call their primary care provider and notify their supervisor. Students should contact Student Health Services or their primary care provider and their instructors.

The information presented in this document on COVID-19 symptoms and screening/self-monitoring is based upon guidance provided by the Department of Health and Human Services and on the Centers for Disease Control and Prevention website.

SYMPTOMS

A wide range of symptoms have been reported with COVID-19. These symptoms may appear 2–14 days after being exposed to the virus:

- Fever higher than 100 degrees, or feeling hot/cold chills
- Cough
- Sore throat
- Shortness of breath/difficulty breathing
- Body aches out of the ordinary
- New loss of taste or smell

This list of symptoms is not a complete one; please consult with your medical provider if you are experiencing any symptoms that are severe or concerning to you.

If you have been in close contact (within 6 feet for 15 minutes or longer without a face covering) with someone who has tested positive for COVID-19 or is being tested for COVID-19, you should also not report to a campus site for work or to attend class and you should notify your supervisor or instructor.

If you develop symptoms while at an on campus worksite or class, you should notify your supervisor or instructor, leave work or class immediately, and call your primary care provider or, for students, Student Health Services or primary care provider.

If you experience COVID-19 symptoms and/or are diagnosed with COVID-19, we ask that you please complete the UNCG COVID-19 Self-Reporting Form. The University will use this information to make a determination if additional cleaning and other response actions need to be taken on campus. Your personal information will be kept confidential.
USE A FACE COVERING TO PROTECT OTHERS

- Wear a face covering to protect others in case you’re infected but don’t have symptoms
- Keep the covering on your face the entire time you’re in public
- Don’t put the covering around your neck or up on your forehead
- Don’t touch the face covering, and, if you do, clean your hands
- Put it over your nose and mouth and secure it under your chin